

END-OF-THE-YEAR TRIP
Sacramento and American River Rafting
June 3-6, 2012

EQUIPMENT LIST

Please keep in mind that students will need to carry their own baggage.

Please pack lightly and compactly.

A medium-size duffle bag or suitcase would be perfect.

ALSO PLEASE NOTE: NO FLIP-FLOPS OUTSIDE THE HOSTEL.

CLOTHING ITEMS

- ☐ swimsuit
- ☐ pj's / sleepwear
- ☐ sweatshirt / sweater
- ☐ socks
- ☐ underwear
- ☐ pants
- ☐ shorts
- ☐ shirts
- ☐ 1 pair of shoes for walking
- ☐ 1 pair of shoes that can get wet
- ☐ nice clothes for "Sacramento Day"
- ☐ windbreaker and pants (nylon or equivalent – need to be quick-drying)

OTHER

- ☐ lunch, snacks, drinks for bus ride
- ☐ day pack
- ☐ water bottle
- ☐ hat / visor

PERSONAL HYGIENE ITEMS

- ☐ washcloth / soap
- ☐ shampoo
- ☐ toothbrush / toothpaste
- ☐ brush / comb
- ☐ chapstick
- ☐ sunscreen (ESSENTIAL!)
- ☐ towel
- ☐ glasses / contact lenses, if needed
(Students who wear contact lenses should also bring a pair of glasses.)

OPTIONAL ITEMS

- ☐ camera / charger / batteries
- ☐ sunglasses & strap
- ☐ sketchbook / pen / pencil
- ☐ journal
- ☐ book
- ☐ rash guard
- ☐ spending money (at your discretion)