



**Lower School “End-of-the-Year” Trip  
Sacramento  
March 31 – April 3, 2014**

**A Note from Headmaster Gordon Sichi:**

The Lower and Upper Schools will be taking separate “End-of-the-Year” Trips this spring—with the Lower School heading to Sacramento when we return from Spring Break and the Upper School going to Boston right after final exams in June.

The trip to Sacramento is going to be an amazing four days that will tie together this year’s American Society II class in state and local government – with a special and timely emphasis on water issues. We’ll be spending three nights in the historic Williams Mansion, which is now the clean and well-run Sacramento International Hostel. We’ve stayed there many times before, and it has been a great base for us.

On our way up to Sacramento, we’ll visit Romero Overlook Visitors Center (San Luis Reservoir), a complex of facilities serving the State Water Project (SWP). There may be an opportunity for a quick swim there, as well. We also plan to stop at an almond farm to learn about the impacts of the water shortage on almond growers.

While in Sacramento, we’ll have a two-hour VIP meeting with the Department of Water Resources to learn how the State is managing our now-three-year drought. We’ll also tour the State Capitol, attend legislative committee hearings, and meet with our legislative representatives. For fun, we’ll visit Old Town and the California State Railroad Museum. Time permitting, we’ll enjoy some other activities in Sacramento during our stay. And, yes, by popular demand, we will visit Yolo County!

On our way back to Santa Barbara, we’ll have a special tour of the California Delta, the historic Chinese town of Locke, and the Banks Pumping Station for the California Aqueduct.

Please read the following information now so you’ll be ready for our departure immediately after Spring Break:

**Departure:** We will depart from campus **on Monday morning, March 31.** (PLEASE NOTE THAT THIS IS OUR FIRST DAY BACK FROM SPRING BREAK!) Students should **arrive on campus at 6:00 a.m.** so that we can load our gear and leave promptly.

**Food for the Bus Trip:** Students need to **bring** a hearty sack **breakfast, lunch, water, and snacks** for the **Monday bus ride.** Parents, please be SURE your son or daughter has adequate and healthy nutrition for the day. We do not plan to make any “fast food stops” this day.

**Return:** We are scheduled to **return to campus at 8 pm on Thursday, April 3.**

**Equipment:** Refer to the **equipment list** to pack for this trip. Please note that students should bring some “nice” clothes for the days we tour the Capitol. Thank you for taking the time to help organize your student’s clothing and equipment.

**Cost:** The cost of this trip is **\$400** per student. Please send your payment to the Anacapa School office by **Thursday, March 20.**

**Medications:** If your student will need to take any medications during the trip, please bring the medication to school **by Friday, March 21.** Medicine should be in a clearly marked container (preferably the original prescription bottle) labeled with the student’s **name** and **exact directions for dispensing.** Please put the container(s) in a **zip-lock plastic bag.** Please honor our request to have medications and written directions turned in to the office before break, as teachers are quite busy the morning of a trip, making last-minute requests difficult.

**Emergency Contact Information:** Parents who will not be reachable at their usual emergency contact telephone numbers during the trip must provide the school office with up-to-date contact information. If you plan to be out of town while your student is on the school trip, please be SURE to take care of this vital task.

**Trip Recovery MORNING:** The Lower School will not have school on Friday **MORNING,** April 4. Seventh and eighth graders should come to school between 12:30 and 1pm that day in order to participate in the Sixth Grade Camp Cabin Leader Welcome Back and social. School will then be dismissed at the regular 3 pm time, with Work/Study taking place immediately afterward.

Parents, please take the time to communicate to your child the importance of safe and responsible conduct. With all of us working together on these critical areas, we’ll have a great trip and lots of good memories! Thank you very much for your support of our school, and special thanks for helping with the trip preparations!

## LOWER SCHOOL “END-OF-THE-YEAR” TRIP

### Sacramento

March 31 – April 3, 2014

#### EQUIPMENT LIST

##### CLOTHING ITEMS

- \_\_\_\_\_ pj's / sleepwear
- \_\_\_\_\_ sweatshirt / sweater
- \_\_\_\_\_ socks
- \_\_\_\_\_ underwear
- \_\_\_\_\_ pants
- \_\_\_\_\_ shorts
- \_\_\_\_\_ shirts
- \_\_\_\_\_ 1 pair of shoes for walking
- \_\_\_\_\_ nice clothes for “Capitol Day”
- \_\_\_\_\_ swimsuit

##### PERSONAL HYGIENE ITEMS

- \_\_\_\_\_ washcloth / soap
- \_\_\_\_\_ shampoo
- \_\_\_\_\_ toothbrush / toothpaste
- \_\_\_\_\_ brush / comb
- \_\_\_\_\_ glasses / contact lenses, if needed

##### OTHER

- \_\_\_\_\_ ample food and water for the Monday bus ride—breakfast, lunch, snacks , and water!
- \_\_\_\_\_ day pack
- \_\_\_\_\_ water bottle

##### OPTIONAL ITEMS

- \_\_\_\_\_ camera / charger / batteries
- \_\_\_\_\_ sunglasses & strap
- \_\_\_\_\_ sketchbook / pen / pencil
- \_\_\_\_\_ journal
- \_\_\_\_\_ book
- \_\_\_\_\_ hat / visor
- \_\_\_\_\_ sunscreen
- \_\_\_\_\_ chapstick
- \_\_\_\_\_ spending money (at your discretion)