# THE FACULTY CORNER

# A WORD ABOUT OUR VOLUNTEERING GOALS THIS YEAR . . .

Anacapa School is proud to announce its intention to celebrate our 35<sup>th</sup> school year by volunteering in 35 community events by October 2016! To connect and give back to our community can be our way of saying thanks to the wonderful citizens who live and work in Santa Barbara as our neighbors and friends.

Volunteering is a phenomenal way to practice generosity. Benefits of being generous include contributing to the greater good of the community, improving work performance, feeling less stressed, and generally creating an overall feeling of well-being and satisfaction. All are welcome to work alongside us as we embark on our volunteering mission! Also, let us know if you hear of any events where we can volunteer and share our community pride.

So far, even though we've been in session less than two weeks as we write this piece, Anacapa has already participated in three unique volunteering events! Check out what we've already accomplished:

#### AVON 39: The Walk to End Breast Cancer

On Sunday, September 13, six students participated in Anacapa's kickoff volunteer event of the year, the AVON 39: The Walk to End Breast Cancer. Students helped prepare for the closing ceremony at Carpinteria State Beach by setting up tables, chairs, and trash and recycling bins. Next, students put up dividers for participants to walk through at the finish line. We helped unload the participants' luggage from three big trucks (this was a multi-day event) and organized the luggage in six lines on the lawn to facilitate their identification. Once these tasks were accomplished, students walked to the sidewalk and enthusiastically cheered the participants and survivors on. At the end of our shift, students helped the walkers to find their luggage on the lawn. It was a great day, and the students were glad they had participated at the event!

## United Way Day of Caring: Presidio Clean-up

The next weekend, on Saturday, September 19, four Anacapa students embraced the spirit of volunteerism and shared their Saturday morning with the Santa Barbara community. As part of the annual United Way Day of Caring, Anacapa volunteered at the Presidio as part of a team of over twenty citizens who spent the morning cleaning, whitewashing, gardening, and composting. Our students gave special attention to the chickens by cleaning their cage, feeding, and watering them. We also helped clear out three gardens by pruning old growth and raking away leaves to prepare the gardens for a fresh layer of compost. Many hands make light work, and we accomplished all the tasks assigned to us by Presidio staff early! So we initiated collecting and putting away the various tools we had used throughout the morning and followed behind the whitewash group to break down scaffolding and clean up tarps. The students were happy to help out at the Presidio and proud of the work they accomplished.

### Santa Barbara Coastal Clean-Up Day

Additionally, on September 19, junior Elena Alcerro led a group of Anacapa student volunteers at the Santa Barbara Coastal Clean-Up Day. As part of the beach sweep crew, the students collected and tallied trash and recycling along East Beach and the Wharf. Together, the group was responsible for collecting over five pounds of trash! Way to go, Anacapa!

Thanks to all our volunteers for supporting the efforts of the Avon Breast Cancer Walk, preparing the Presidio gardens for new planting, and helping to keep our beaches and waterways clean! We will inform the school of future volunteering events as they occur and hope you will share any opportunities you hear about. We encourage all students to participate as much as possible!